

DEGREE PLANNING SHEET
Athletic Training Option

Richard W. Riley College of Education
Department of Health & Physical Education

FRESHMAN					
FALL SEMESTER					
COURSE	DESCRIPTION	S.H. CREDIT	DATE PLANNED	TERM TAKEN	GRADE
CTQR 150	Quantitative Methods	3			
ACAD 101 or elective	Principles of Learning Academy	1			
WRIT 101	Composition	3			
HLTH 300	Personal & Community Health	3			
PHED 101*	Introduction to Physical Education	3			
PHED 111*	Introduction to Athletic Training	1			
PHED 361	First Aid & CPR	1			
	GPA _____	15			
SPRING SEMESTER					
CSCI 101	Introduction to Computers	3			
CHEM or PHYS 101, 102	101 OR 105 Everyday Physics & Lab	3 3,1			
PSYC 101	Introduction to Psychology	3			
GNED 102	Human Experience: Who Am I?	3			
PHED 212,212L*	Foundations of Athletic Training & Lab	2,1			
	Cumulative GPA _____	15 or 16			
FORMAL ADMISSION TO ATHLETIC TRAINING PROGRAM					
SOPHOMORE					
FALL SEMESTER					
BIOL 307	Human Anatomy	4			
CRTW 201	Critical Reading, Thinking & Writing	3			
NUTR 221	Human Nutrition	3			
PHED 267	Weight Training	1			
PHED 338, 338L*	Assessment of Athletic Injuries and Illnesses: Lower Extremities	2,1			
PHED 211	Clinical Experiences I	1			
	Cumulative GPA _____	15			
SPRING SEMESTER					
BIOL 308	Human Physiology	4			
PHED 506	Advanced Emergency Care	2			
PHED 382*	Kinesiology	3			
PHED 339,339L*	Assessment of Athletic Injuries and Illnesses: Upper Extremity	2,1			
PHED 563, 563L*	Therapeutic Modalities for Athletic Training	2.1			
PHED 311	Clinical Experiences II	1			
	Cumulative GPA _____	16			

JUNIOR					
FALL SEMESTER					
COURSE	DESCRIPTION	S.H. CREDIT	DATE PLANNED	TERM TAKEN	GRADE
SPCH 201	Public Speaking	3			
PHED 384*	Exercise Physiology	3			
Humanities & Arts		3			
PHED 363*	Medical Aspects of Sport	3			
PHED 564,564L*	Assessment of Athletic injuries and Illnesses: Head, Trunk & Spine	2,1			
PHED 497	Clinical Experiences III	1			
	Cumulative GPA	16			
SPRING SEMESTER					
HLTH 501	Substance Abuse	3			
PHED 242*	Motor Learning & Control	3			
PHED 548	Sport Psychology	3			
PHED 465*	Strength & Conditioning	2			
PHED 565, 565L*	Therapeutic Exercise and Rehabilitation for Athletic Training	2,1			
PHED 498	Clinical Experiences IV	1			
	Cumulative GPA	15			
SENIOR					
FALL SEMESTER					
HIST 211	US History to 1877	3			
Humanities & Arts		3			
PHED 381	Philosophy & Principles of Human Movement	3			
PHED 480	Exercise Testing & Prescription	3			
PHED 496B*	Administrative Aspects of Athletic Training	3			
PHED 499	Clinical Experiences V	1			
	Cumulative GPA	16			
SPRING SEMESTER					
Humanities & Arts/Social Sciences		3			
Global Perspectives		3			
NUTR 520*	Sports Nutrition	3			
Social Science		3			
Free Elective		3			
PHED 500	Clinical Experiences VI	1			
	Cumulative GPA	16			

* Offered ONLY that semester

Revised 6/6/06

OVERALL ATHLETIC TRAINING DEGREE REQUIREMENTS

Critical Skills (15 hrs)

WRIT 101 (3) _____
 CRTW 201 (3) _____
 CTQR 150 (3) _____
 CSCI 101 (3) _____
 SPCH 201 (3) _____

Skills for a Common Experience Across Disciplines (3 hrs)

GNEC 102 (3) _____
 HIST 211 (0) _____ Constitution

Intensive Writing Skills (3 hrs)

PHED 381 (3) _____

Freshman Experience (1 hr)

ACAD 101 (1) _____

Natural Sciences (7 hrs)*

BIOL 307 (4) _____
 Chemistry or Physics (3) _____ Course # _____
 (see approved list)

Social Science Perspective (6-9 hrs)

PSYC 101 (3) _____
 _____ (3) _____

* CHOOSE FROM AT LEAST TWO DESIGNATORS

If 9 hours are NOT taken in Humanities and Arts, select an additional 3 hours.

_____ (3) _____

Historical Perspective (3 hrs)

HIST 211 (3) _____

Global Perspective (3 hrs)

_____ (3) _____

Humanities and Arts Perspective (6-9 hrs)

_____ (3) _____
 _____ (3) _____

* CHOOSE FROM AT LEAST TWO DESIGNATORS

If 9 hours are NOT taken in Social Science, select an additional 3 hours.

_____ (3) _____

Cultural Event Requirements

CE 1	CE 7	CE 13
CE 2	CE 8	CE 14
CE 3	CE 9	CE 15
CE 4	CE 10	CE 16
CE 5	CE 11	CE 17
CE 6	CE 12	CE 18